

INDIEN NEWSLETTER

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June 2018

CONSULATE
GENERAL OF INDIA,
FRANKFURT



FRIEDRICH-EBERT-ANLAGE 26, 60325,
FRANKFURT AM MAIN, GERMANY
Telephone : +49 69 153 00 50

Website : www.cgifrankfurt.de



Consul General
Ms. Pratibha Parkar

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International Day of Yoga (IDY)

CGI, Frankfurt invites you all to join us in the celebrations of International Yoga Day, on 23rd June, 2018 from 15:00 hrs to 18:00 hrs @ Walter von Cronberg Platz. The entry to the event is free.



INTERNATIONALER YOGA TAG

23 JUNI 2018 • 15 - 18 UHR
WALTHER-VON-CRONBERG-PLATZ • FRANKFURT AM MAIN

Eintritt frei

Organisiert vom indischen Generalkonsulat in Frankfurt am Main

Für weitere Informationen wenden Sie sich bitte an:

picoffice.frankfurt@mea.gov.in, [India in Germany \(CGI Frankfurt\)](https://www.facebook.com/IndiaGermanyCGIFrankfurt/), [@CGIFrankfurt](https://www.instagram.com/CGIFrankfurt/)

In Partnerschaft mit



Yogamatte & T-Shirt gratis



On December 11 in 2014, the United Nations General Assembly declared June 21st as the International Day of Yoga.

The declaration came after the call for the adoption of June 21st as International Day of Yoga by Hon'ble Indian Prime Minister, Mr. Narendra Modi during his address to UN General Assembly on September 27, 2014 wherein he stated: "Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature; a holistic approach to health and wellbeing".

The First International Day of Yoga proclaimed by the United Nations was celebrated throughout the whole world for the first time on 21st June, 2015.

192 countries joined in for a mass yoga session to mark the first International Yoga Day.

PROGRAMM

Datum: 23.06.2018

Uhrzeit: 15:00 bis 18:00 Uhr

15:00	Ankunft der Teilnehmer
15:30	Eröffnung durch das Entzünden der zeremoniellen Lampe
15:35	Begrüßungsansprache durch Generalkonsulin Pratibha Parkar
15:40	Rede des Ehrengastes Stadtverordnetenvorsteher der Stadt Frankfurt am Main, Stephan Siegler
15:45	„Common Yoga Protocol“ - European Yoga Institute
16:20	„Jung und Fit bleiben mit Hatha Yoga Asanas für Balance und Flexibilität“ - Brezhnev Jeevanandam
16:35	„Mind Matters“ - Art of Living
16:55	Einführung in „Surayanamaskara“ (Sonnengruß) Nutzen und Mantra - Happy Yoga Institute
17:10	„Yoga for energy and success“ - Santulan life
17:30	OM Chanting, Lift up your energy - Bhakti Marga
17:40	„Love – A guided meditation - Sadhguru“ Isha Foundation
17:50	„Meditation for harmony“ - Brahma Kumaris
18:00	„Shanti Mantra“ vorgetragen von den Balagokulam-Kindern Ende der Veranstaltung

Economic Report

Commercial Newsletter

June 2018 is available on
Website

For more info please see the
link below:

<https://www.cgifrankfurt.de/pdf/Commercial%20Newsletter%20June%202018.pdf>



DHL

DHL launches transportation company; aims to own 10,000 trucks by 2028: The Bonn based world's largest logistics company, Deutsche Post, DHL, is launching a transportation subsidiary in India and aims to invest in a fleet of 10,000 trucks in the next decade. DHL smarTrucking is the company's first official move to accelerate the development of technology-enabled logistics solutions around the world, under its newly formed board department, Corporate Incubations, which was launched in April this year, a statement said.

Growth of German Economy in the month of May 2018:

Economic growth in the first quarter came on the back of robust domestic demand, as the external sector made a negative contribution. Domestic demand was buttressed by a pick-up in private consumption growth and a rebound in fixed investment, which offset a contraction in public expenditure. Private consumption, which grew 0.4% quarter-on-quarter (Q4: +0.1% quarter-on-quarter), was supported by historically low unemployment and high consumer sentiment. In March, unemployment reached the lowest level on record since the German reunification, while consumer confidence reached an over sixteen-year high in February and has remained elevated since.

Following a series of weaker-than-expected data in the year to date, sentiment data for the private sector in May provided some respite. Business confidence was stable at the prior month's seasonally-adjusted 102.2 (previously reported: 102.1) after falling since November of last year. Sectoral data showed that sentiment was constrained by slightly lower optimism in the manufacturing sector; however, sentiment among firms in the trade, service and construction sectors improved notably. Confidence in the trade sector improved the most, chiefly due to a more upbeat view of current business conditions, while firms' expectations remained virtually unchanged. Sentiment among firms in the service sector improved owing to more optimistic expectations, but their assessment of current business conditions worsened. Furthermore, confidence reached a new record high in the construction sector, largely due to a markedly improved view of the current business climate. (Source: Focus Economics)

IBF ExCOM

The 8th IBF Executive Committee meeting was held on the 25th of May 2018 and was hosted by Ms. Lakshmi Lalitha Mohan, Head CII Germany at the Messe Frankfurt. The event was collaborated with CGI, Frankfurt. The welcome address was given by Consul General.

Mr. Wolfgang Marzin, CEO Frankfurt Messe, addressed the gathering and in detail explained about the Messe Frankfurt and its activities locally and in India. **Mr. Stephan Buurma**, Managing Director Messe Frankfurt Asia holding Ltd also addressed the gathering and spoke about the relevance of India in the Asian Business Scenario. **Ms. Katrin Ordnung**, Head of Protocol, Messe Frankfurt threw an insight into Ambiente 2019 with India as the partner country. She emphasized the significance of the Fair as the largest International Consumer Goods fair globally and its importance for India to provide business opportunities.

Outreach Activities

Upcoming events:

Vibrant Tamil Nadu 2018

Global Expo & Summit

Date: 21st June, 2018

Time: 16:30 hrs to 18:30 hrs

Venue: Consulate General of India,
Frankfurt

International Yoga Day

Date: 23rd June, 2018

Time: 15:00– 18:00 hrs

Venue: Walter von Cronberg Platz,
Frankfurt

GIRT Frankfurt

Date: 6th July, 2018

Time: 15.30hrs -17:30hrs

Venue: Nextower

Thurn-und-Taxis-Platz 6
60313 Frankfurt am Main

Indian Bazaar

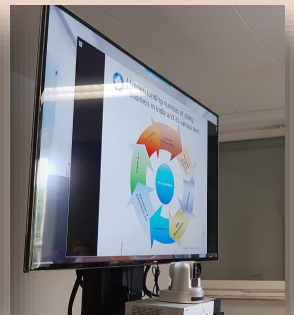
Date: 1st Sept, 2018

Venue: Roßmarkt, Frankfurt am
Main

(More details to follow shortly)

'Golden Rules for Forming Joint Ventures in India'

The Consulate general of India, Frankfurt organized a webinar for the first time in the Consulate on '**Golden Rules for forming Joint Ventures in India**' on 15 May 2018. Mr. Sameer Sah, Associate Partner, Khaitan & Co made a presentation on the topic. His presentation highlighted various reforms undertaken by the government, government policies, challenges faced by the foreign investor and legal system in India. Dr. Johannes Weisser (Avocado legal attorneys), President Indo-German Round Table Frankfurt shared his experiences while forming joint ventures in India. The discussions were followed by questions and answer session. The participants posed several queries to Mr. Sah. The initiative was appreciated by all the participants.



The 2nd Quarterly Meet of Friends of India Group (FOI):

The second quarterly meet of FOI was organised by on 23rd May, at the Consulate. Consulate & the cultural associations in its jurisdiction with the support of Ordnungsamt, Frankfurt are organizing "Indien Fest" on 1st Sept, 2018 at Roßmarkt, Frankfurt. A blend of Indian food stalls, Indian cultural performances, Handicrafts will be featured at the event. Consul General welcomed the two guest speakers from Ordnungsamt, (Frankfurt city Administration) Mr. Markus Findeis & Mr. Thomas Pabst (food inspectors) who briefed on regulations to be followed while selling Indian food at the event. The two speakers also addressed the queries of the participants regarding the food stalls. Around 50 representatives of the Indian cultural associations attended the meeting.



Outreach Activities

Upcoming Events in India:

Food World Expo 2018

Date: 14th July – 16th July, 2018

Venue: Chennai Trade Centre,
Chennai, India

Oil Spill India 2018

Date: 5th July – 6th July, 2018

Venue: Manekshaw Centre,
New Delhi, India

Indus-tech Industrial expo 2018

Date: 25th July – 27th July, 2018

**ARC CONVENTION CENTRE,
Rudrapur, India**

Global Bengal Trade Show 2018

13th July – 15th July, 2018

**Netaji Indoor Stadium &
Khudiram Anushilan Kendra,
Kolkata, India**

A Media Press Conference for International Day of Yoga (IDY)

A Media Press Conference was organized at the CGI on 24th May, 2018. Consul General welcomed the Press reporters & the yoga partners. Mr. Feroze Khan (European Yoga Institute) & Mr. Karthik Jeganathan (Art of Living) conducted some live Yoga demonstrations to brief the participants on Yoga/Pranayama - its benefits in the day to day life.

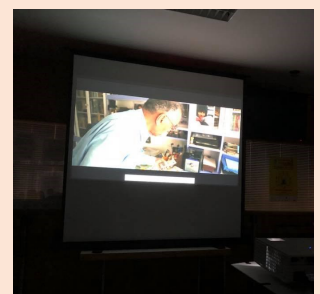
CGI Frankfurt with the support of Ordnungsamt, Frankfurt, Sponsors of the event & Yoga partners is organizing International Day of Yoga (IDY) on 23rd June 2018 from 15:00 hrs to 18:00 hrs Walther-von-Cronberg-Platz, Frankfurt. The Press Conference briefly showcased the IDY event.



Film Screening:

CGI Frankfurt screened the docu-film 'Udaharnarth Nemade', directed by Akshay Indikar. The documentary showcased some of the excerpts from the well known works of Marathi writer, poet, critic and linguistic scholar from Maharashtra, Shri Bhalchandra Vanaji Nemade (b. 1939). Well known for his contributions to the modern Marathi literature, such as 'Khosla', the author is a recipient of the Sahitya Akademi Award as well as the Jnanapith Award, the highest literary honour in India. He was awarded the Padma Shri in 2013.

This is the second documentary screening at CGI, Frankfurt. In the upcoming months CGI is looking forward to screening more Bollywood movies on regular basis with a view of showcasing Indian films to the German audience who are indeed very much interested in Bollywood films.



Yoga Pose

Camel Pose (Ustrasana)



1. Kneel on the yoga mat and place your hands on the hips.
2. Your knees should be in line with the shoulders and the sole of your feet should be facing the ceiling.
3. As you inhale, draw in your tailbone towards the pubis as if being pulled from the navel.
4. At the same time, arch your back and slide your palms over your feet till the arms are straight.
5. Keep your neck in a neutral position.
6. Stay in this posture for a couple of breaths.
7. Breathe out and slowly come back to the initial pose. Remove your hands and bring them back to your hips as you straighten up.

Benefits:

Improves digestion.

Stretches and opens the front of the body. It also strengthens the back and shoulders.

Improves flexibility of the spine.

improves posture.

Helps overcome menstrual discomfort.

Culture

Sports in India

Sports are a vital aspect of any progressive society & are important part of Indian culture as well. India has been participating intensively in many Sports internationally. Indians have a special interest for Cricket. Field Hockey, the national sport of India is acclaimed by the nation. Other Sports like Football, Badminton, Tennis, Chess, Motor Sports, wrestling, Table Tennis, Basket Ball have recently been gaining interest for the younger generation.



Cricket

Cricket is the most popular sports in India even before BCCI was formed in 1932. It can be said that, India has two religions "Cricket & Film". Its fan base in India is huge. The country has produced some legendary cricketers like Kapil Dev, Sunil Gavaskar, Rahul Dravid and Sachin Tendulkar. It's popularity increased more after India won 1983 world cup and introduction of T.V in india in 1983 in every society of the country.

India has won all of the ICC Tournaments Including ODI's World Cup 2 times (1983 & 2011), T20 World Cup 2007, ICC Champions Trophy 2013. IPL attracts cricketers from all over the world making Cricket is the most popular sport in India.



Foot ball



Football is the second most popular sport in India after cricket, watched and played. The origin of football in India can be traced back to mid-nineteenth century when the game was introduced by British soldiers. Initially, games were played between army teams.

Later, the Indian Football Association (IFA) was established in Calcutta in 1893, but did not have a single Indian on its board until the 1930s. The All India Football Federation, which runs the game in India, was formed in 1937, but took more than a decade to get affiliated with FIFA. During that time, India also insisted on playing barefoot when other nations were putting their boots on and the game was changing fast. For the first time India qualified by default for the 1950 FIFA World Cup as a result of the withdrawal of all of their scheduled opponents. Later India had won gold in football in the first Asian Games in 1951, beating Iran by a solitary goal.

India's current top domestic league, I-League, was formed in 2007 in an attempt to professionalize domestic football and in 2013 the Indian Super League was formed with 8 teams to promote Indian football to the country and world.

In January 2011 India played in the 2011 Asian Cup which was the first time India has played in the Asian Cup for 24 years. Ever since the 2011 Asian Cup the All India Football Federation has been working very hard on Indian Football. India national under-23 football team won the first round of the 2012 Olympics qualifiers against Myanmar but could not qualify further.

The 2017 FIFA U-17 World Cup was hosted by India in the month of October in 2017 and the first time the country had hosted a FIFA event. The tournament was touted as the most successful FIFA U-17 World Cup ever, with the attendance being a record 1,347,133.

Over the years, India is slowly pitching its way through towards making its own success stories.

The Indian national team lifted the 2018 Intercontinental Cup organized by, The All India Football Federation (AIFF). India has also bid to host the 2019 FIFA U-20 World Cup.

More informations of Sports in India to be followed in the next addition.

Experience South during Monsoons

Tourism

Monsoons in India are truly a rhapsody of bliss, beauty and relief from the scorching summer sun. Summers are very strong in India and the country welcomes the first shower of the season in the month of June. The gigantic waterfalls in India attract tourists from all over the world since ages.

The sight of shimmering water making its way from the rocks and falling from a height makes the sight worth remembering. According to the India Meteorological Department predicts normal monsoon rainfall this year expected at 97% of the average. In this addition of Newsletter we bring to you some of the best holiday destinations during monsoon.

Dudhsagar Falls: The Milky Way

Dudhsagar is one of the India's tallest waterfalls having the height of 310 m (1017 feet) and an average width of 30 meters (100 feet). The fall of water from that height creates the illusion of a literally sea of milk falling from the top. Dudhsagar is a four-tiered waterfall located on the Mandovi River in the border of the Indian state of Goa and Karnataka. It is 60 km from Panaji by road and is located on the Madgaon-Belgaum rail route about 46 km east of Madgaon and 80 km south of Belgaum.



Jog Waterfall

This second-highest waterfall of India is a major tourist attraction in Karnataka, the spellbinding view of which creates a truly memorable experience. Located on the border of Shimoga and Uttara Kannada districts of Karnataka, Jog waterfalls is the highest waterfall in the state. Also known as Gerosappa Falls or the Joga Falls, these falls are one of the most important attractions in all of South India. Second only to the Nohkalikai Falls of Meghalaya, Jog falls drops about a huge 253 m (850 ft.) in a single fall.

Barachukki and Gaganachukki

Barachukki and Gaganachukki are two waterfalls situated near the island town of Shivanasamudra in the Mandya district of Karnataka. The waterfalls are created by river Cauvery that runs down a 75 mt gorge before it divides into two branches that flows around the island of Shivanasamudra. The two branches (eastern & western branches) flow through deep ravines on either side of the island before plunging in two different places a few kilometers apart to form the Barachukki and Gaganachukki waterfalls.

The segmented Barachukki Falls are a graceful one and the more popular one among the two falls. The waterfall has a height of about 69mts. There is a narrow flight of about 200 concrete steps that lead down to the waterfall. The way down to the waterfall is relatively safe as it fenced with railings and there are benches to sit and relax.





What is the vehicle of our mind?

- 1) Blood
- 2) Breath
- 3) Body fluid
- 4) Prana

Send your answers to :

pic.frankfurt@mea.gov.in



Winners will be
awarded !!!

News Round-up



CG visited the Raja Yoga Meditation school by Brahma Kumaris in Frankfurt and met Didi Sudesh, who is the Director of all the BKWSU centers in Germany and in Europe.

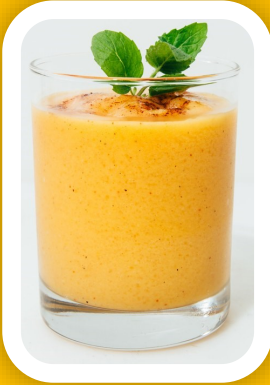


CG inaugurated India Day function organized by Deutsche-Indische Gesellschaft (DIG- German India Friendship Society) of Essen city on 5 May 2018. Ms Galina Borchers from Essen city administration attended the event. Dr. Usha Thakkar, President, DIG Essen gave welcome remarks. Dr. Aslam Siddiqi made presentation on 'Digital India'.



CG being interviewed by Radio Antenne Frankfurt 95.1 and Frankfurter Neue Presse for the upcoming event, International Yoga Day at walter von Cronberg Platz, Frankfurt

Recipe:
Mango Lassi



**1 cup plain yogurt,
1/2 cup milk,
1 cup chopped ripe mango Or
Mango pulp,
4 teaspoons honey or sugar
more or less to taste,
Ice (optional).**

Method:

**Put mango, yogurt, milk, sugar
and into a blender and blend for
2 minutes.**

**If you want a more milkshake
consistency, either blend in
some ice as well or serve over
ice cubes.**

**The lassi can be refrigerated for
up to 24 hours.**



**Share your special recipe
with us & we will post it along
with ur photo in our newsletter!!**

**Mail us @:
picoffice.frankfurt@mea.gov.in**

News Round-up



Head of Chancery and Consul (Commercial) Mr. Prem Singh Chauhan visited the India Pavillion at IMEX 2018 exhibition at Messe Frankfurt on 16th May 2018.



CG attended a reception organised by the Rotary Club of Nidda to welcome the Indian students participating in the exchange program. CG also delivered a speech highlighting the importance of co-operation in education between India and Germany.



CG had a productive meeting with the Deputy Mayor of Frankfurt Mr. Jan Schneider and Mr. Kerry Reddington, Chairman, Municipal Foreigners Representation of the City of Frankfurt am Main (KAV) alongwith representatives from the Indian cultural associations active in the Frankfurt Rhine Main region.



Hindu Swayamsevak Sangh (Germany)

Balagokulam



Hindu Swayamsevak Sangh (Germany)

CG inaugurated 'Bala Bharath Divas' organized by Balagokulam, HSS, Frankfurt. The children from various age groups, representing different states of India performed Indian classical and folk dances, short plays underlining the importance of character building and recited traditional Indian shlokas.

News Round-up & Upcoming Events



indian fest

at Roßmarkt

Venue : Roßmarkt

Date: 1st Sept, 2018



CG Ms. Pratibha Parkar welcomed and interacted with the new Executive Committee members of Bharat Verein e.V. for 2018.



CG visited Hessischer Rundfunk and met their team at their premises in Frankfurt.



CG met the Mayor of Bad Nauheim Mr. Klaus Kress today and some positive discussions on issues relevant to India & Germany.

Upcoming events organised by Indian associations in co-operation with CGI, Frankfurt

INTERNATIONALER YOGA TAG 2018

am Donnerstag, den 21. Juni 2018
von 17:00 - 22:00 Uhr
Studio-Yoganjuly
Kessenicher Strasse 228
53129 Bonn

EINTRITT FREI

Organisiert von der
Indian Association Bonn und dem Studio Yoganjuly

We are celebrating International day of Yoga Saturday 23.June

17:00 to 19:00 hrs
Schadowplatz Düsseldorf

Come and experience collective meditation and Yoga session with us guided by Yoga Teachers

Participation is free just bring your Yoga Mats and wear comfortable clothes

International Day of Yoga
Yoga for Harmony & Peace
Deutsch-Indische Gesellschaft e.V. Düsseldorf

International Yoga Day

On 23rd June, from 11am till 1pm
At Panorama Park, Bad Godesberg
Yoga Instructor : Mrs. Rita Scheel

Free Entry
Please bring yoga mat

Organised by
Sneham e.V., Bonn
For further info please contact sneham.de@gmail.com

Sneham
South Indian Association

Rhein Tamil Association presents

start your summer right off with
YOGA

with friends and family
Reduce your Stress – Enjoy the Serenity – Relax your Body

Saturday June 23rd
10:30 hrs
Blücher Park
Parkgürtel, 50823 Köln

- Free Entry
- Age no bar

Please bring your own yoga mat

Contact: 0176-57955548 & 0174-9310975
info@rheintamil.com